



# FATHER SEELOS AND SANCTITY

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## THE GIFT OF PRAYER



When the trials of this life make you weary,  
And your troubles seem too much to bear,  
There's a wonderful solace and comfort,  
In the silent Communion of Prayer.

When you have searched for the sun without  
ceasing,  
And the showers continue to fall,  
There's A Heavenly lift in this Wonderful Gift  
That God has extended to all.

From the Gift of prayer there comes power  
That will minimize all of your care,  
And you'll gather new hope,  
When you're able to cope,  
With the troubles that once brought despair.

So lift up your heart to the Heavens —  
There's a loving and kind Father there,  
Who offers release and comfort and peace,  
In the silent Communion of Prayer.

Rev. Patrick Peyton, C.S.C.  
Family Rosary Crusade

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We hope you will make a special effort to attend Mass on July 4th to thank God for the blessings He has showered on America and to beg his continued protection of our great country. Afterwards . . . have a great day!

Josie M. Becker

## JOYS AND SORROWS ARE GOD'S WILL – ACCEPT THEM (*Father Grangell's Monthly Conference*)

The Virtue for July: OBEDIENCE

Patron Saint: St. Philip, Apostle

Text: You are my friends if you do the things I command you. (St. John 15/14)

St. Alphonsus was a great theologian, a voluminous writer and an outstanding lover of Jesus Christ. He wrote a book entitled: THE PRACTICE OF THE LOVE OF GOD. It is a gem. He begins with the two reasons for our loving God, (1) because of the love God has for us. To save our souls for a happy eternity, He suffered for us. LOVE THE CRUCIFIX. (2) He gave us the Blessed Sacrament to live with us just a few blocks down the street. Then the saint develops the 13th chapter of the 1st Corinthians and shows us love of God in action. Read the 13th chapter.

St. Alphonsus says some wonderful things in the 'Practice.' In one place he says: Let us become saints, let us not be diffident on accounting of past sins, don't give up, don't say I can't make it, I tried it before and lapsed back, and all kinds of excuses. St. Bernard says: God does not attend to what a man does, but to what he wishes to be. All holiness begins with desires, which are wishes. So, what do I wish to be? Without hesitation: I wish to be the greatest saint who ever lived. That's the language we use when alone with the Blessed Sacrament. We do not shout it from the house tops. We just go along, happy, cheerful, doing our ordinary work and trying to avoid sin, and this is possible with daily Holy Mass and Holy Communion. St. Augustin says we must repeat often during the day: MY GOD GIVE ME THE GIFT OF DIVINE LOVE.

Father Seelos was that kind of saint. He practiced asceticism of the TWELVE MONTHLY VIRTUES. It was a community exercise. It goes like this: (1) On the eve of the next month, at the supper table, a reader announces the virtue for the month, its patron saint and the scripture text. (2) At dinner the first day of the new month there was some community reading on the virtue. (3) At the morning meditation the thoughts were on the virtue of the month and some resolutions to correct faults against it. (4) Then, a few minutes before dinner the community met in the chapel for a particular examination on how the resolutions of the morning were kept during the day.

Here's how you can practice the asceticism of the MONTHLY VIRTUES. (1) Look over your old copies of FATHER SEELOS AND SANCTITY. See what these twelve virtues are and mark your calendar. This is July, the seventh virtue: OBEDIENCE. (2) The first chance you have in the morning read your New Testament, tarry on the texts that refer to OBEDIENCE.

All disobedience is SIN: (1) Look over the Ten Commandments and see which one is your weakness, and make some resolution to do better. (2) Look to the Precepts of the church. The big one here is—we must go to Sunday Mass, be on time, get as close as we can to the altar, look at the host as the priest raises it, remain a few minutes after Mass to visit with the Blessed Sacrament, never leave before Mass is over, do not talk with your neighbor during Holy Mass. (There's enough meditation here for a lifetime.) (3) Save your children's souls. Never miss Mass to their knowledge. If you do so, you scandalize them. They will never go to Mass—what a "Goodbye Faith", a blighted family.

Learn from the Blessed Mother to say BE IT DONE TO ME ACCORDING TO THY WORD.

## SPECIAL LETTERS

D. Hills, Pa.

"Whenever I hurt myself through some dumb accident caused by myself, I always apply Father Seelos cloth memento and am always helped."

E.M.

Kenner, La.

"I prayed that my baby would recover from an illness that had been lingering on. I am happy to say that my baby is well. Father Seelos has come to my aid."

B.F.

Kenner, La.

"Our grandchild, Chad, had a heart operation. He was in intensive care for three days and two days in a private room. He is now home and looking good and moving about on his own. I wish to give thanks to Father Seelos for his prayers."

J.J.K.

Hammond, La.

"My husband and I were in debt over our heads. I began praying for guidance. We tried to borrow money but were denied. We were advised to seek help from his employer and as it turned out there was a certain percentage deducted from salary each pay day which was invested. We were advised to cash in our assets and we received more than enough to pay off all our bills and have lost nothing."

L.K.

New York, N.Y.

"Once again I have received a favor through Father Seelos intercession. I have received numerous favors through his intercession."

C.T.

Baton Rouge, La.

"One of my granddaughters and her husband separated. They had one child. I prayed that they would go back together and they did. Thanks to Father Seelos for his intercession."

B.B.

Raceland, La.

"Thanks to Father Seelos for helping my husband regain his health. He's been sick over nine months. For the past few days he's able to walk and has lots less pain."

G.R.

New Orleans, La.

"My brother-in-law has cancer in the chest and head. He found out about this in September, 1980 and the doctor gave him radium cobalt treatment. He said he wouldn't live three months. He is still living and doing little things around the house, working in the garden and cooking his own meals. We continue to ask Father Seelos for his prayers."

A.S.

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## SPECIAL NOTES

A Protestant Chaplain in the Illinois Veterans Home at Quincy, wrote: I have read about Father Seelos and am very interested. (He underlined very.) Will you please send me some promotional literature and picture prayer cards. I suppose I can't secure a First Class Relic, or can I? (There are no first class relics of Father Seelos.) We sent the good chaplain some mementos. He concludes: 'I appreciate your prayers.' Isn't this wonderful! Some Catholic Veteran in the home, or his wife or mother must have told the good chaplain about Father Seelos. That's the good promotional work of the cause of Father Seelos. Readers - what are you doing?

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A good man's mother died recently. He suggested that his friends would send all memorial gifts to the Father Seelos Fund for his canonization. People were most generous. Thanks to everybody concerned. Some day a devotee of Father Seelos will put the Center in his (her) Last Will. Let's hope.

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Many thanks to the good lady who sent the Center a gift from her St. Joseph Altar on St. Joseph's Day. Thanks!

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Thanks for returning the Gold Envelopes which you receive monthly with something in them to help further the cause of canonization of Father Seelos. Please give us the correct spelling of your name and address and zip code. We thank you in an Infinite way. You are in our every daily Holy Sacrifice of the Mass. Pray for us.

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If possible go to Holy Mass on the 4th of July. We are a great, the greatest nation in the world and the reason for our greatness is: IN GOD WE TRUST. Every American carries the name of God in his pocket and in her purse always. It is on our coins and paper money.

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For blessings of your sick with the Mission Crucifix of Father Seelos, please call Miss Addie Buhler. 895-6176.

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