



Seelos

and

Sanctity

REV. JOHN J. VAUGHN, C.S.S.R.

Vice-Postulator

JOSIE M. BECKER

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HOW TO HAVE KIND THOUGHTS ABOUT EVERYONE

Consider how you can imitate the exemplary kindness of Father Seelos by having kind thoughts about everyone.

1. PUT YOURSELF IN THE PLACE OF THE PERSON YOU ARE TEMPTED TO CRITICIZE.

How would you judge yourself if you actually were the other person? Do unto others as you would have others do unto you.

If you were his mother, would you judge his actions so unkindly? Are you as forgiving of others as you hope and trust Christ will be to you?

2. BEFORE YOU FLARE UP AT ANYONE'S FAULTS COUNT TEN -- THAT IS, COUNT TEN FAULTS OF YOUR OWN.

Someone once said: "If we could see ourselves as others see us, we would never speak to ourselves again." Therefore strive always to keep your own faults before your mind. "Let he who is without sin cast the first stone."

3. ALWAYS SEE THE VIRTUES OF OTHERS.

Most people have more virtues than faults. A saying often engraved on wedding rings is: "Be to his virtues very kind. Be to his faults a little blind." Good advice for both men and women!

4. FORGIVE THOSE WHO HAVE INJURED YOU.

A man once wrote to his friend: "We destroyed an enemy the other day. Ordinarily you'd think one shouldn't gloat over such a thing. But you see, we made this enemy our friend."

Destroy your enemies by forgiving them and turning them into your friends. Christ said: "Love your enemies, do good to those who hate you, and pray for those who persecute and calumniate you." "If you forgive men their offenses, your heavenly Father will also forgive you your offenses."

5. BE A SYMPATHETIC LISTENER.

Abraham Lincoln once said, "He has the right to criticize who has the heart to help." Saint Paul says: "Rejoice with those who rejoice. Weep with those who weep."

Life is hard. Life is lonely. Ease the burden on the shoulder of your neighbor by being a sympathetic listener.

(CONTINUED ON INSIDE PAGE)

In conformity with the decree of Pope Urban VIII all statements contained herein are unreservedly submitted to the judgment of the Holy See and to the decision of the Sacred Congregation of Rites.

IMPRIMATUR † Rt. Rev. Vicar General Lucien J. Caillouet, P.A., Oct. 9, 1964, New Orleans, La.

6. SEE JESUS CHRIST IN YOUR FELLOW HUMAN
BEINGS.

A Catholic nun serving in a mission dispensary in a foreign land was dressing a very ugly and disgusting wound. A visitor walked in. The man turned pale at the stench of the pus of the sore. He said to her: "Sister, I wouldn't do that for a million dollars." With a glint in her eye and a calm serene expression on her face she looked up and quietly said: "Sir, neither would I." She would not do it for a million dollars but she would do it because she saw Christ in the sick man. "What you do to these, the least of My brethren. . . ."

7. PRAY FOR OTHERS.

Pray that God may be glorified through them and in them and with them. Pray that they may attain eternal happiness in heaven.

FATHER VAUGHN

To Know and Imitate His Holy Life

Father Seelos' whole life was one of Faith and love for the Blessed Sacrament. As a small boy he acquired the habit of attending Mass daily. When a little older he served Mass at every opportunity. He received Holy Communion monthly.

After becoming a priest he said Mass daily, even though at a very late hour due to his travels on missions, etc. He observed all the Rubrics with the greatest exactness and appeared to all attending the Mass to be deeply affected by the sublimity of the great sacrifice he was offering.

He was especially attracted to the Most Holy Redeemer, hidden in the Blessed Eucharist. Quite frequently he spent the entire night in adoration before the Blessed Sacrament. He also spent every spare moment possible between his many chores before the Blessed Sacrament. He knelt without moving or resting on a kneeling bench, and sometimes was observed lying prostrate on the floor.

While in Pittsburgh he was called to visit a sick person on the other side of the river, which necessitated his crossing on a ferry-boat. As he carried the Blessed Sacrament close to his heart, he knelt down in a corner of the boat and prayed unmindful of the other passengers. Some malicious men, resenting this demonstration of faith, were discussing

For Seelos Guild Members ONLY

Our Guild membership continues to grow and this makes us happy to know that so many prayers are being offered daily for all intentions. Remember as a Guild member you pray for the intentions of all other Guild members and at the same time you should be happy to know that the others are praying for you.

We have not heard of the death of any Guild members in the past several weeks. But we suggest in this month of November that you remember specially in your prayers the happy repose of the souls of all deceased Guild members.

We received news at the end of September of the sudden death of FATHER GERARD JOLY, C. SS. R. who was stationed with us in New Orleans several years ago. Many of you will remember him from Missions, as most of the 25 years of his priestly life was spent in giving Missions throughout the Province and Vice-Province. In fact his death came while he was giving a mission in Iowa.

May we ask a special remembrance of him in your prayers.

GOD BLESS YOU!

how they might push him into the river and make it appear to be an accident. Another passenger, overhearing their whispers, warned him of the impending danger. He quickly arose and paced the deck of the boat thereby foiling their plans. After that he was careful not to display his devotion so publicly under similar circumstances.

He was the first to introduce Forty Hours' devotion in the city of Baltimore. On that occasion he celebrated the solemn High Masses of exposition and reposition. He spoke to the people trying to convey to them his great love of the Blessed Sacrament and begged them to spend as much time as possible in adoration during this solemn period. He spent most of his time in the confessional, hopeful that these days of prayer would bring many souls back to God.

From his boyhood Father Seelos always desired to imitate his patron saint, St. Francis Xavier, and to preach the Gospel to the unbelievers. When still in high school he considered very seriously attempting to bring the faith to heathens and thought of joining the Society of Jesus. However, shortly afterwards he seemed to have received a revelation from the Blessed Virgin to enter another society of missionaries. He applied for admission to the Con-

gregation of the Most Holy Redeemer, hoping to be sent to the American Missions, where he could strengthen the faithful in their faith, bring back those who had fallen away from the faith and convert the heretics and infidels.

We could write many pages about Father Seelos' display of faith and love of the Blessed Sacrament. Actually his whole life centered around these two things. He tried at every turn to bring sinners back to their faith and to bring other souls into the fold. He lived his love for the Blessed Sacrament and inspired many by his words and example.

We can find nothing more outstanding in the life of Father Seelos to imitate than his love and devotion to the Blessed Sacrament. Our Adoration League is constantly endeavoring to get more and more people to imitate this great love of the Blessed Sacrament. Hundreds have signed up for an hour of adoration each month in St. Mary's Assumption Church, and many more - shut-ins, elderly people, etc. - spend hours at home in love and adoration of our dear Lord. This display of love for the Blessed Sacrament is a demonstration of our faith. Our faith has inspired us to aspire for perfection in our love for God.

JOSIE M. BECKER

THANKS!!

"This is a somewhat belated letter to express my deep appreciation to Father Seelos for his help in an hour of need.

"For several months prior to April my father, who is 81 years of age, had not been well. In April he reached the point where it was necessary to determine if he could be helped. While he had made several visits to the doctor, he had not seemed to improve and appeared to have an illness which was depleting his strength.

"In the early part of April he entered the hospital and from then on for the next several weeks it was a series of setbacks - but we did learn he required an operation which had been successfully performed on men as old as 90 years.

"While my father is a man of some years, he has always been an alert, intelligent, interested individual, on whom the rest of the family leaned for moral support and advice of all kinds. Our family consists of my parents, four daughters, including myself, five grandchildren and one great-grandchild.

"We know that God has been most generous to us since both of our parents have, until this time, enjoyed good health and have been a joy to all of us. We know, too, that we may pray for anything and if it is His Holy Will, He will grant it. This I, as well as the rest of the family, have done most fervently.

"One of my sisters had my name included in the Father Seelos mailing list and when I received the bulletin I felt that I had been subscribing to so many various activities of the Catholic Church that I just did not want to become 'involved' in any more - so I did not examine it closely.

"That same day on my daily visit to the hospital I began talking to a couple, the gentleman having been in a critical condition during my last visit. He was sitting in the solarium conversing, and did not look as if he had been ill at all. I asked his wife to whom she had prayed and she replied "To Father Seelos, and I have promised to write a letter of thanks for my husband's recovery.

"I then began to say the prayer daily for Father Seelos' declaration as a saint, asking him to please pray for my father's recovery.

"Shortly thereafter my father was considered well enough to undergo the operation, and in about two weeks he was allowed to return home.

"He has steadily improved and was able to make a week's trip to Houston for a vacation. While it was rather hard on him after his many months of illness he appears to be recovering and doing exceptionally well for his years.

"It seems certain that Father Seelos' intercession has played an important part. Since I too, promised to write a letter of thanks for his help, I want to fulfill that promise without further delay."

A LITTLE SUGGESTION

We received a nice letter at the Seelos Center from a lady requesting that we send her a supply of picture prayer cards and cloth mementoes of Father Seelos. "You see" she writes, "whenever I have a friend ill and send a get-well card, I include a picture prayer card of Father Seelos and also a cloth memento."

Why not try doing this yourself? You can also include them in birthday cards, Christmas cards, and all-occasion cards. We'll be glad to supply your needs.

PLEASE!!

"Would appreciate prayers for a very special favor - the reconciliation of a young couple with several children."

"Please offer prayers that we will sell our house immediately. It is urgent that we move to another city because of my husband's position. If the house is not sold the children and I will have to stay here."

"Please pray that my nephew who is just entering college will have a successful year, that he will always be mindful of his religious duties. Also please pray for my brother's health and for another nephew to attend Sunday Mass as he should."

For your own intentions, the ones mentioned above and all those placed before the tomb of Father Seelos let us say the following prayer -

O MY GOD, I TRULY BELIEVE YOU ARE PRESENT WITH ME. I ADORE YOUR LIMITLESS PERFECTIONS. I THANK YOU FOR THE GRACES AND GIFTS YOU GAVE TO FATHER SEELOS. IF IT IS YOUR HOLY WILL PLEASE LET HIM BE DECLARED A SAINT OF THE CHURCH THAT OTHERS MAY KNOW AND IMITATE HIS HOLY LIFE...

ANGELS NEEDED!

We're looking for a few "Angels" to flutter down from the sky to provide us with some much needed office equipment for the Seelos Center. Here is a list of big items that would prove helpful. We thought that perhaps some office might be changing equipment and could donate their used machines....

- Elliott addressing machine
- Typewriters - especially electric
- A machine for tying string around the mail
- Folding machine
- Mimeograph and/or offset machine
- Air Conditioners
- Dehumidifier
- Electric adding machine
- Fire extinguishers
- Closed type Forced Air Gas Heater (approximately 80,000 to 100,000 B. T. U.)

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